



Alternatives For Girls

SGMP 2019 Wish List

Alternatives For Girls appreciates your donations!

New Car Seats and Strollers: These items are extremely expensive for most of our participants and are a necessity for day to day transportation needs like traveling to appointments and day care. Participants cannot leave the facility without safe transportation for their children.

Household Items: Participants in our Shelter Program and our Outreach Program might move into their first independent living situation after connecting with AFG. They count on AFG and donors to help stock and furnish their new apartments to make them homes. Donors play a huge part in their success by donating the following items:

- Pots, pans, utensils, plates, cleaning supplies, toilet paper, laundry detergent, oven mits, garbage cans, garbage bags, etc.. (Think about this list as a moving your child to college list or anyone's first apartment list)

Linens: Our Shelter program supplies clean linens to every participant that moves into our facility. This includes, a twin sheet set, a new towel, and washcloths. If the participant has a child, AFG also provides a crib sheet set for them. If a participant moves into an independent living situation after their time at AFG, AFG strives to provide them with sheets for their new bed. This could be any size sheet set as well as towels and washcloths.

- NEW Towels, washcloths, twin sheets sets, crib sheets

Food: AFG always accepts nonperishable foods as long as they are not expired.

- **Shelter** – Any non-expired nonperishable foods
- **Outreach** – Many of the women Outreach interacts with on the streets need food they can eat on the go that is also soft. Many only have access to a microwave, if that, and many more have poor dental hygiene which makes eating hard food difficult.
 - This program needs soft foods like: Prego ready meals, Chef Boyardee microwave meals, applesauce, canned fruit, pudding, canned corn, instant mashed potatoes, minute rice, etc..
- **Prevention** – Our After School program provides homework help and workshops for almost 75 participants. Group leaders need snacks for them to eat after school. Some of their favorites are listed below
 - Fruit cups, baked chips, rice crispy treats, mini pretzel bags, Chex mix, fruit snacks, Capri Suns, Annie's Bunny Snacks, Honest Kids orange juice box

For more information, please contact **Taylor Gawlik** at
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